

# Vitamin C für Ihr Coaching!

## COACHING NOTES

Gather your thoughts and insights, and focus on action



## CARDS

Pictures and words that examine 65 topics in our lives

[www.dascoachinggame.de](http://www.dascoachinggame.de)

## PAST, PRESENT, FUTURE

### Layout Objectives:

To shed light on a process in my life that began in the past, and is expected to continue in the present, and to facilitate a broader perspective along the way. To take a closer look at (a problem, a choice, an opportunity, a relationship and more).

Write down the issue clearly on the coaching card. Randomly select three cards and work in the present.

1. What happened in the past?

## Das Coaching Game

Assoziative Karten für die professionelle Arbeit mit Menschen

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## Das Coaching Game\_Jeder gewinnt!